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MEET YOUR NEIGHBORS

Photo by Melodee Solomon.



Meet

Liza

# Peterson

The Halloween Ragamuffin parade. Football games in crisp evening air. Riding bicycles along orange and red dappled tree-lined streets. In these golden days of autumn, Chappaqua is picture-book-perfect. For Chappaqua resident Liza Peterson, growing up in our small-town hamlet was an experience she wanted to share with her children. “I was born and raised in Chappaqua and spent the first 18 years of life with my family in this beautiful and quaint town,” Liza says. “I lived with my father, mother, and older brother, Ross Warner, on Quaker Road.” Liza’s father, Don Warner, worked as an attorney in the energy field, and her mother, Linda Warner, was the Marketing Director for Westchester ARC.

Seeing POTUS on Broadway with Charlie.

18 November 2022



“Although they were both working parents, they were always deeply involved in their children’s lives and the community,” Liza says. “As I experienced my parents’ dedication to Chappaqua, this inspired me and helped me to understand the importance of giving back to my community.”

After graduation from high school, Liza left Chappaqua to attend college at New York University (NYU), where she studied at the Tisch School of the Arts. She obtained a degree in Early Childhood and Elementary Education and a Master’s in Educational Theater. While at NYU, Liza met her husband, Matthew Peterson, who was attending NYU School of Law.

“We moved to Riverdale in 1999, where we had our first child, Mallory, in 2004,” Liza says. “Although we enjoyed living in Riverdale, after the birth of our second child, Charlie, I deeply desired to raise my children in a town like Chappaqua.”

The family moved to Chappaqua in 2009, and Liza says the feeling of homecoming was immediate.

“I was pleasantly surprised to find out that a few of my classmates from Horace Greeley High School had decided to move back here and raise their families. This solidified, even more, the deep influence that being raised and living in Chappaqua has on its community members.”

In 2011 and 2013, Liza and Matthew welcomed their third and fourth children, Nicholas and Thomas. Liza says the children enjoy many of the same activities she did as a child in Chappaqua.

“Mallory, now a Freshman at Vassar College in Poughkeepsie, loves to dance. Charlie and Thomas are very active with KJK Productions, a local theater organization. I believe it has been a full-circle



*“I believe it has been a full-circle experience to share with my children all of the wonderful memories I had as a child living in Chappaqua. There is something very special about this town because, even though so much time has passed, the traditions and spirit of this town remain the same.”*



experience to share with my children all of the wonderful memories I had as a child living in Chappaqua. There is something very special about this town because even though so much time has passed, the traditions and spirit of this town remain the same.”

Sadly, Liza suffered the loss of both of her parents over a short period a few years ago. She says the devastating losses pushed her to explore various healing modalities such as yoga, reiki, dance, and sound healing.

“When my youngest went off to Grafflin in 2018, I had time to pursue this more seriously,” Liza says. “I created my own business, Wings of Resilience Healing, which helps people overcome loss and become the best version of themselves.”

Liza says her mission in creating Wings of Resilience Healing is to honor the memory of her mother and father, keeping their values and dedication to the community in mind. Taking what she learned during her healing process, Liza wanted to help others.

“It was so important for me to share what I learned with the community of Chappaqua,” she says. “I believe that if I empower the members of the community, this, in turn, will empower the community as a whole.”

Now, as a business owner, Liza’s family is thoroughly woven into the tapestry of the Chappaqua community.



Photo by Angie Gonzalez.

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If your family would like to be featured or if you would like to recommend a neighbor in the next available issue, email [publisher@strollchappaqua.com](mailto:publisher@strollchappaqua.com).



With Nicholas at the town Memorial Day parade.

*“It was important to me to give my children the same wonderful experiences,” Liza says. “I have so many beautiful memories of growing up in Chappaqua.”*



Thomas and Nicholas on their last day of school at Grafflin.

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